

Course #	Class Title				Instructor		Instructor Fee*	Class Fee*
	Self-Defense				Diane Berry (TKD Grandmaster)		\$90	\$10.00
Grades	Class Days	# Semesters	# Weeks/Sem.	Credit Hrs*	Min # Students	Max # Students	Last Day to Add New Students	
multi ages	Tues	minimum 2	15 wks per sem.	Phys. Ed credit	4		check with Instructor	
Pre-Requisites							2nd semester: New Students?	
none							with instructor approval	
Required Materials (To Be Supplied by Family)								
Exercise clothing or please purchase the Formal Training Uniform from Instructor (more details in description below)								
Description								
<p><i>Taught by a 7th Degree Black Belt with more than 38 years experience!</i> Students will gain NUMEROUS BENEFITS while practicing a Genuine Art, Science, and Discipline of Self-Defense under Grandmaster Berry's longtime Christian Organization! Benefits Gained: Respect, Self-Control, Confidence, Bible Principles, Scripture Memorization, Leadership Skills, Coordination, Safety Awareness, and More! Students will be introduced to the basic fundamentals / techniques and some of the beginning curriculum toward the next rank of yellow belt, along with learning many crucial safety tips! They will also experience the fun & excitement of heightening their focus & confidence while preparing regularly for a small inner-club Forms Championships with fellow students! Special TKD Training Workshop(s) are also generally offered during the year leading up to our Championships to give students additional help & instruction! The opportunity to continue formal Training with belt-rank advancement under Grandmaster Berry is available!</p> <p><i>* Note: Purchasing the \$40 Formal TaeKwonDo Student Training Uniform from Instructor also very generously covers / includes initial Full Force Ministries-CMA Association Membership, permitting participation of discounted - private lessons, main location class instruction, belt testings/promotions, etc. Other helpful Training Equipment for Home & Class Practice can also be purchased from Instructor.</i></p>								
Homework / Expectations / Other Info								
Practice & Review Class Instruction at home, as well as memorization work. Plus, for those pursuing rank advancement, complete Gospel of John reading & review assignment given by Instructor (for age appropriate students). <i>Contact Info for Grandmaster Berry: Phone 313.649.5020 * Email: SoldierofHope85@gmail.com</i>								

*Materials Fees and Instructor Fees are per semester unless otherwise indicated in the Other Information.

* Credit Hours: COVE does not issue high school credits. These are suggested credit hours to be assigned by the parents. Suggested grade is given by teachers. Final grade assignment is the responsibility of the parent.