

Course #	Class Title				Instructor		Instructor Fee*	Class Fee*
E1002	Tae Kwon Do ~ Self-Defense				Diane Berry (TKD Grandmaster)		\$80	\$10.00
Grades	Class Days	# Semesters	# Weeks/Sem.	Credit Hrs*	Min # Students	Max # Students	Last Day to Add New Students	
multi ages	Tues	minimum 2	15 wks per sem.	(Physical Ed credit)	3		check with Instructor	
Pre-Requisites							2nd semester: New Students?	
none							with instructor approval	
Required Materials (To Be Supplied by Family)								
Exercise clothing or please purchase the Formal Training Uniform from Instructor (more details in description below)								
Description								
<p><i>Taught by a 7th Degree Black Belt with more than 36 years experience!</i> Students will gain NUMEROUS BENEFITS while practicing a Genuine Art, Science, and Discipline of Self-Defense, such as: Respect, Self-Control, Confidence, Leadership Skills, Christian Values, Coordination, Safety Awareness, and More! Students will be introduced to the basic fundamentals / techniques and some of the beginning curriculum toward the next rank of yellow belt, along with learning many crucial safety tips! They will also experience the fun &amp; excitement of heightening their focus &amp; confidence while preparing regularly for a small inner-club Forms Championships with fellow students! <i>The opportunity to continue formal Training with belt-rank advancement under Grandmaster Berry's Christian Organization is available.</i></p> <p><i>*Note: Purchasing the \$40 Formal TaeKwonDo Student Training Uniform from Instructor also very generously covers / includes initial FFM-CMA Association Membership, permitting participation of discounted - private lessons, main location class instruction, belt testings/promotions, etc. Other helpful Training Equipment for Home &amp; Class Practice can also be purchased from Instructor.</i></p>								
Homework / Expectations / Other Info								
Practice / Review Class Instruction at home, as well as memorization work.								
*Materials Fees and Instructor Fees are per semester unless otherwise indicated in the Other Information.								
* Credit Hours: COVE does not issue high school credits. These are suggested credit hours to be assigned by the parents.								
Suggested grade is given by teachers. Final grade assignment is the responsibility of the parent.								